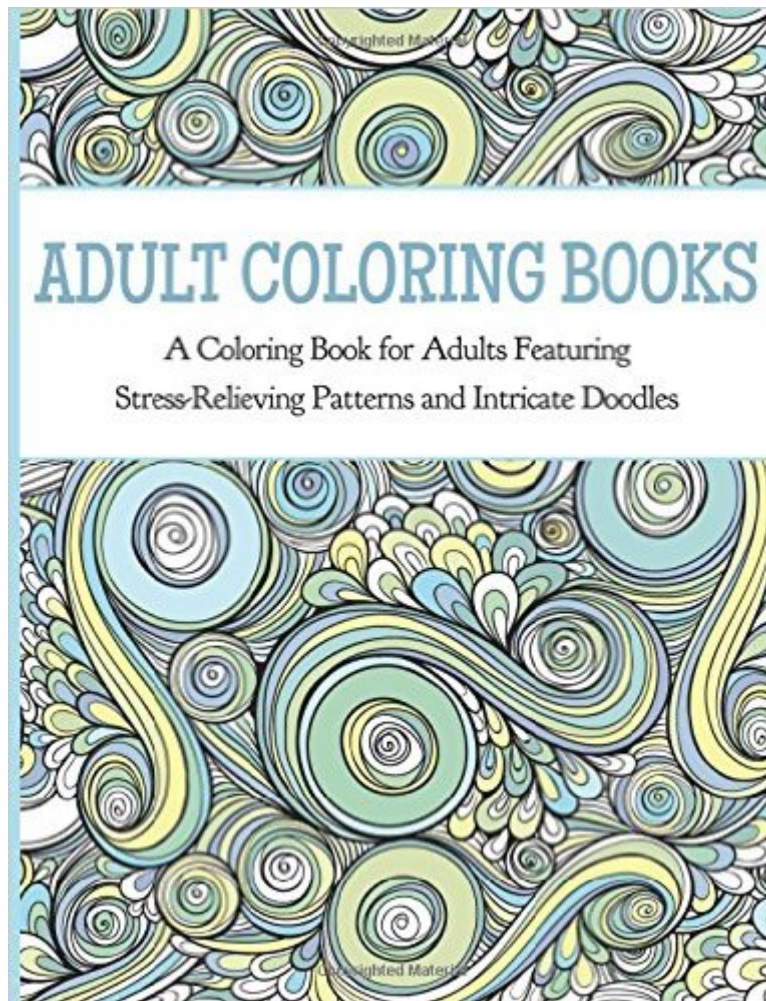


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# Adult Coloring Books: A Coloring Book For Adults Featuring Stress Relieving Patterns And Intricate Doodles



## Synopsis

Adult Coloring Books introduces it's first standard paper sized book! This book includes 42 detailed images that are perfect for coloring with markers, fine tip pens, colored pencils, or crayons! Get all the detail you have been looking for, without having to struggle to get color in the smallest spaces. A perfect companion for helping you disconnect and relieve everyday stress.

## Book Information

Paperback: 86 pages

Publisher: Zing Books (June 16, 2015)

Language: English

ISBN-10: 0996275452

ISBN-13: 978-0996275453

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (82 customer reviews)

Best Sellers Rank: #130,267 in Books (See Top 100 in Books) #144 in [Books > Self-Help > Art Therapy & Relaxation](#) #496 in [Books > Self-Help > Stress Management](#) #1283 in [Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups](#)

## Customer Reviews

I love the range and assortment of complex patterns plus the creative and graceful, artistic style used in every single one of these illustrations. These Captivating illustrations are Swirled, Entwined, Layered and Entangled patterns that fill every page with imaginative combinations that will inspire you. This book is perfect for those times your mind is racing, when you just cannot get to the here and now because you cannot stop thinking about work, the past, the future, just grab your colors and this book and spend a few minutes coloring. You will immediately feel calm replacing the stress and soon you will be to the here and now. This is a must have book for your coloring library and would make a wonderful gift to Adults, College Students or school aged children.

- 42 illustrations printed one per page (the back of each page is blank) on medium weight, bright white paper.
- The Illustrations are all 7/8ths of an inch in from the binding, for easy coloring, then each image goes to the edges of the other three pages.
- All markers leak through the paper, I place a piece of paper under the page I am coloring to prevent damage to the next illustration.
- All illustrations are small to medium detailed and perfect for Ultra fine markers, or Colored pencils, and some are great for Fine markers or crayons.
- I plan on using Bic Mark it Ultra Fine and Sharpie Ultra Fine markers

I just received this book and I already love it. I have not started coloring it yet, but it is filled with great designs that make me excited to get started. There are 42 images and each image is full page with a pretty big inside margin gap, so you don't have to struggle with reaching details that hidden in between the folds of the book. The images vary from medium to highly detailed and each image has enough space to use with markers or crayons. I would probably recommend using a piece of paper in between pages, to keep the ink from leaking through, though.

Great patterns. Whether you are feeling mellow or stressed, this book has some design for you. I love that I can use some of my wider pencils and pens because the drawings are not so small that the tips do not fit. Some days I want bright, bold colors and others more pastel. These designs easily adapt to all color pallets. A great way to reduce stress - almost like meditating and perhaps it is meditation for those who need color. I can recommend this book - especially if you, like me, like to create zentangles.

I love this coloring book. I purchased it for myself as I wanted to use it to relax in my down time. Although the pages were a little smaller than I expected, the quality is still great, the pages are easily removed, and the pages don't bleed with used with markers. I would definitely buy another book from this series. I do test these products out myself and give a very honest review. I am one that reads the reviews carefully when making purchases so I appreciate those who take the time to post reviews! If my review has been helpful to you, please give me a "Yes" vote on my review!

Really nice designs and i love that you can cut out the pages without totally messing up your creation! Got this as a gift for my BFF as a baby shower gift, along with a set of gel pens. I love the idea of Adult Coloring Books and my man and I have definitely noticed it is a stress reliever. Great gift!

Love it. Such a relaxing past time when you are stressed out. Wish I had done this much earlier. Who would think that at 55 years old I would be coloring again and loving it!!

Coloring is not just for kids anymore! Not that it ever really was, but coloring books for adults have become all the rage in the last few years. I'm so excited that I was able to find an adult coloring book for myself (I MIGHT share a few pages with my daughter if she's lucky!)This adult coloring

book has so many great designs that I can't wait to start coloring it and I'm not sure which design to color first!

I cut the pages out of this and used them as a teambuilding/stress reduction exercise for my department at work. People loved it! I've even had co-workers come get extra pages afterward so they can continue to color and de-stress.

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Adult Coloring Books: A Coloring Book for Adults Featuring Stress Relieving Patterns and Intricate Doodles Swear Word Coloring Books Best Sellers Coloring Books For Adults Relaxation & Adult Coloring Books Stress Relieving ... Coloring Book & Color Therapy & Art Therapy) Swear Word Coloring Book : Midnight Black Edition Best Seller Adults Coloring Book With Some Very Swear Word Designs: 40 Stress Relieving Curse Word Designs ... Words Coloring Books For Adults) (Volume 5) Heart Mandala Coloring Book: Stress Relieving Mandalas Design : Coloring Books For Adults, Meditation Coloring Book for adult (Volume 1) Swear Word Coloring Book Adults Retro & Pop Art Edition : A Very Swear Word Coloring Book: 44 Stress Relieving Curse Word Pictures To Calm You The F\*\*k Down (Swear Word Coloring Books) (Volume 4) Coloring Books for Adults: Halloween Mandala: Adult Coloring Book with Stress Relieving Mandalas (Peaceful Mandala) (Volume 4) Adult Coloring Book: De-Stress: Adult Coloring Books (The Peaceful Adult Coloring Book Series) Wine Time Coloring Book: A Stress Relieving Coloring Book For Adults, Filled With Whimsy And Wine (Whimsical Refreshments) (Volume 1) Beautiful Birds Volume 1: Grayscale coloring books for adults Relaxation (Adult Coloring Books Series, grayscale fantasy coloring books) Famous Train Shading Volume 1: Train Grayscale coloring books for adults Relaxation Art Therapy for Busy People (Adult Coloring Books Series, grayscale fantasy coloring books) BirdTopia Shading Volume 2: Bird Grayscale coloring books for adults Relaxation Art Therapy for Busy People (Adult Coloring Books Series, grayscale fantasy coloring books) Swear Word Coloring Book ( Black Edition ): 40 Swear Word Designs on Black Paper. Stress Relief Coloring book:Mandalas, Patterns,Flowers and Animals(Adult Coloring) Pokemon Go... F-ck Yourself! (The Adult Coloring Book): The Pokemon Go Adult Coloring Book full of Swear Words and Pokemon Talking So Much Trash ... Books & Swear Word Coloring Books) (Volume 1) Flowers Adult Coloring Book Travel Size: Over 30 Fun Stress Relieving Flowers #1 Book For Your Inner Artist Word Search Book for Adults: Word Search Puzzles to Improve Memory and Exercise: word search, word search books, word search books for adults, adult word search books, word search puzzle books Swear Word Coloring Book: 40 Swear Word Designs. Stress Relief Coloring book.Swear and Relax(Adult Coloring

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